



HEALTH
SERVICES

Phone: (303) 938-1110

Fax: (303) 938-1145

Welcome to Sky Health Services!

Patient Information:

DOB: ____/____/____

Full Legal Name: _____

Preferred Name (*If different from legal name*): _____

Address:

Cell Phone: (____) ____-____

Home Phone: (____) ____-____

Email: _____

Would you like access to our online patient portal so you may send and receive **NON-URGENT** medically related messages to your provider?

☐

Yes

☐

No

Preferred Pharmacy Name: _____ Location: _____

Secondary Pharmacy Name: _____ Location: _____



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Billing Information:

Primary Insurance: _____ ID #: _____

Secondary Insurance: _____ ID #: _____

Prescription Insurance: _____ ID #: _____

RxBin: _____ RxPCN: _____ RxGroup: _____

Are you responsible for your own medical bills? ☐ Yes ☐ No

If no, please fill out the responsible parties information below:

Name: _____

Relationship to the patient: _____

Address:

Phone: (_____) _____-

Alternate Phone (if applicable): (_____) _____-

Email: _____



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Voicemails:

Is it OK to leave **DETAILED** voicemails containing medical information?

☐

Yes

☐

No

(If no, you will get generic messages requesting a call from our office.)

Emergency Contacts:

1. Name: _____

Relationship to patient: _____

Phone: (_____) _____ - _____

Address:

2. Name: _____

Relationship to patient: _____

Phone: (_____) _____ - _____

Address:



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Advanced Directives & Privacy Practices:

Do you have a medical power of attorney? ☐ Yes ☐ No

If yes, please fill out the MPOA information below:

Name: _____

Relationship to patient: _____

Phone: (_____) _____-

Alternate Phone (if applicable): (_____) _____-

Address:

Do you have a Living Will or Advanced Directives? ☐ Yes ☐ No

Do you have a MOST form or DNR? ☐ Yes ☐ No

By signing below, you confirm you have been provided with the Summary or Privacy Practices Notice and you are aware that you may obtain the most recent copy in its entirety in any of our offices or on our website.

Signature: _____ Date: ____/____/____



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Permission To Share Information

Name: _____

DOB: ____/____/____

Please review and select one of the following:

☐ Yes, I give permission to Sky Health Services to share my personal medical information with the following people listed should they request information on my behalf.

1. _____
2. _____
3. _____
4. _____
5. _____

☐ No, I do not give permission to Sky Health Services to share my personal medical information with anyone, including family and friends, unless required by law.

Signature: _____ Date: ____/____/____



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Authorization To Use Or Disclose Protected Health Information

As required by federal privacy regulations, we may not use or disclose your protected health information without your authorization, except as provided in our Notice of Privacy Practices.

Name: _____ DOB: ____/____/____

I authorize _____ to disclose my protected health information to the office of Sky Health Services for the purpose of receiving healthcare services.

*Protected Health Information authorized to be disclosed includes the following:
Problem List, Medication List, Allergy List, Immunization Records, Most Recent History, Most Recent Discharge Summary, Lab Results, Radiology Reports, and Consultation Reports.*

I understand I have the right to:

1. Revoke this authorization at any time. If I revoke this authorization, I must do so in writing. The revocation will not apply to information that has already been released in response to this authorization.
2. Knowledge of any remuneration involved due to any marketing activity as allowed by this authorization, and as a result of this authorization.
3. Inspect a copy of the information being used or disclosed under federal law.
4. Refuse to sign this authorization.
5. Receive a copy of this authorization.
6. Restrict what is disclosed with this authorization.
7. I understand that the information in my health record may include information relating to sexually transmitted disease(s), including AIDS or HIV. It may also include information about behavioral or mental health services, and treatment for alcohol and drug abuse.

I understand that whether or not I provide authorization to use or disclose protected health information, it will not condition my treatment, payment or eligibility for benefits.

Signature: _____ Date: ____/____/____

This authorization remains in effect through _____

This authorization will remain in effect indefinitely unless the date is written above or revoked.



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Consent for Payment and Financial Policies

Name: _____ DOB: ____/____/____

I hereby authorize payment of medical benefits billed to my insurance by Sky Health Services. I have listed all health insurance plans from which I may receive benefits. I hereby accept responsibility for payment for any service(s) provided to me that is not covered by my insurance. I agree to pay all copayments, coinsurance, and deductibles at the time services are rendered, or upon receiving an invoice for said services. I also accept responsibility for fees that exceed the payment made by my insurance, if Sky Health Services does not participate with my insurance. I hereby authorize Sky Health Services to use and/or disclose my health information which specifically identifies me to carry out my treatment, payment, and healthcare operations.

I understand that while this consent is voluntary, if I refuse to sign this consent, Sky Health Services can refuse to treat me. I understand this authorization can only be revoked in writing, if I revoke my consent, such revocation will not affect any actions that Sky Health Services took before receiving my revocation.

Additionally, please review the following and sign below indicating you have read, understand, and agree to these policies:

1. You are responsible for notifying our office of any insurance changes.
2. Any no-shows or cancellations made within less than 24 hours may be charged a \$75 fee per missed visit.
3. Invoices are due within 30 days of the statement date. Any payments received after 30 days are subject to a 20% late fee for every month they are late. After 90 days past due, the account may be sent to collections.
4. In the event that you receive a check directly from your insurance company payable to you for services rendered by Sky Health Services, you will be required to endorse this check and promptly deliver it to our office as payment for our services.

Signature: _____ Date: ____/____/____



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New Patient Medical History:

Do you have any concerns leading to your visit today?

How much exercise do you get in a typical week?

Briefly describe your eating habits:

Do you have any issues/ concerns with your sleep?

If yes, please describe: _____

Where were you born? _____

Please list your current and/or previous occupations:

Is there anything you would like to tell us?

When was your last colon cancer screening? _____

Was this a stool test or a colonoscopy? _____

When was your last breast cancer screening? _____

Have you been feeling down, hopeless or depressed in the past 2 weeks?

☐

Yes

☐

No

Have you had little interest or pleasure in doing things in the past 2 weeks?

☐

Yes

☐

No



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Past Medical History:

Please disclose any medical conditions you have had and when each started:

Cancer: _____

Diabetes: _____

Heart: _____

Respiratory: _____

Digestive: _____

Endocrine: _____

Brain: _____

Nerves: _____

Urinary: _____

Immune System: _____

Muscular: _____

Skeletal: _____

Other:



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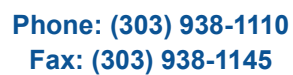
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Allergies:

Please list any allergies you have including medications, food and environmental and the severity of the allergy:

Surgical History:

Please list and surgeries, or major hospitalizations, you have had and when they occurred:



Please list all medications and vitamins/ supplements you are currently taking below (***please include the dosing and frequency***):

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



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Substance Use:

Do you consume caffeine?

☐

Yes

☐

No

If yes, how much per week? _____

Do you drink alcohol?

☐

Yes

☐

No

If yes, how many drinks per week? _____

Are you a previous smoker?

☐

Yes

☐

No

If yes, when did you quit? _____

Do you use tobacco or nicotine currently?

☐

Yes

☐

No

If yes, how much per week? _____

Do you use marijuana/ cannabis products?

☐

Yes

☐

No

If yes, what form? _____

If yes, how much per week? _____

Do you use any recreational/ street drugs?

☐

Yes

☐

No

If yes, what? _____

If yes, how much per week? _____



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Family Medical History:

Please disclose any medical conditions **YOUR FAMILY** has and who had it:

Cancer: _____

Diabetes: _____

Heart: _____

Respiratory: _____

Digestive: _____

Endocrine: _____

Brain: _____

Nerves: _____

Urinary: _____

Immune System: _____

Muscular: _____

Skeletal: _____

Other:



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Fall Risk Assessment

Have you fallen in the past year?

If yes, how many times? _____

If yes, what were you doing when you fell? _____

If yes, did you injure yourself? _____

- | | | |
|--|------------------------------|-----------------------------|
| Can you stand from a chair without using the arms for support? | ☐ Yes | ☐ No |
| Can you balance on one leg? | ☐ Yes | ☐ No |
| Do you feel steady when walking? | ☐ Yes | ☐ No |
| Can you walk without a cane or walker? | ☐ Yes | ☐ No |
| Do your shoes fit? | ☐ Yes | ☐ No |
| Do you have handrails in your home? | ☐ Yes | ☐ No |
| Do you have grab bars in the bathroom? | ☐ Yes | ☐ No |
| Do you have a nightlight in your bedroom? | ☐ Yes | ☐ No |
| Do you have throw rugs in your home? | ☐ Yes | ☐ No |

GAD-7 Anxiety

Over the <u>last two weeks</u> , how often have you been bothered by the following problems?	Not at all	Several days	More than half the days	Nearly every day
1. Feeling nervous, anxious, or on edge	0	1	2	3
2. Not being able to stop or control worrying	0	1	2	3
3. Worrying too much about different things	0	1	2	3
4. Trouble relaxing	0	1	2	3
5. Being so restless that it is hard to sit still	0	1	2	3
6. Becoming easily annoyed or irritable	0	1	2	3
7. Feeling afraid, as if something awful might happen	0	1	2	3

Column totals _____ + _____ + _____ + _____ =

Total score _____

If you checked any problems, how difficult have they made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all

☐

Somewhat difficult

☐

Very difficult

☐

Extremely difficult

☐

Source: Primary Care Evaluation of Mental Disorders Patient Health Questionnaire (PRIME-MD-PHQ). The PHQ was developed by Drs. Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke, and colleagues. For research information, contact Dr. Spitzer at ris8@columbia.edu. PRIME-MD® is a trademark of Pfizer Inc. Copyright© 1999 Pfizer Inc. All rights reserved. Reproduced with permission

PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

NAME: _____

DATE: _____

Over the last 2 weeks, how often have you been bothered by any of the following problems?

(use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed. Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead, or of hurting yourself	0	1	2	3

add columns

	+		+	
--	---	--	---	--

(Healthcare professional: For interpretation of TOTAL, please refer to accompanying scoring card). TOTAL: _____

10. If you checked off *any problems*, how *difficult* have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all _____
 Somewhat difficult _____
 Very difficult _____
 Extremely difficult _____

Opioid Risk Tool

Mark each box that applies	Female	Male
Family history of substance abuse		
Alcohol	1	3
Illegal drugs	2	3
Rx drugs	4	4
Personal history of substance abuse		
Alcohol	3	3
Illegal drugs	4	4
Rx drugs	5	5
Age between 16—45 years	1	1
History of preadolescent sexual abuse	3	0
Psychological disease		
ADD, OCD, bipolar, schizophrenia	2	2
Depression	1	1
Scoring totals		

Questionnaire developed by Lynn R. Webster, MD to assess risk of opioid addiction.

Webster LR, Webster R. Predicting aberrant behaviors in Opioid-treated patients: preliminary validation of the Opioid risk too. Pain Med. 2005; 6 (6) : 432